



Breastfeeding Help

after baby arrives



Many healthcare providers assist women with breastfeeding. Agencies listed here have International Board Certified Lactation Consultants. (IBCLC's) who are **the most qualified** to help moms experiencing breastfeeding problems.

**Hospitals**

Patient only

Petaluma Valley Hospital	778-2827
Santa Rosa Memorial Hospital	525-5212
Sutter Santa Rosa Regional Hospital	576-4857

Clinics/Offices

Patient only

Alliance Medical Center	433-5494
Kaiser Permanente	393-4033
Roseland Pediatrics	578-2005
Santa Rosa Community Health Center	
<i>Lombardi and Vista Clinics</i>	303-3600 x 3325
West County Health Centers, Inc.	824-3383

Private Practice IBCLC's home visits, fees apply

Adrianna Arrizon, BS, IBCLC	889-0608
Maggie Eaugallie, RN, IBCLC	290-5312
Rosanne Gephart, CNM, IBCLC	327-6911
Kim Hansen, RN, PNP, IBCLC	567-1735
Yvette Leddy, RN, IBCLC	330-5446
Rebecca Plum, LM, IBCLC	893-7877
Dara Knerr, RCST, BCST, IBCLC, PBT, CIIM, APP	415-847-8319

WIC

clients only

Sonoma County WIC	565-6590
Alliance Medical Center WIC	431-0831
Sonoma County Indian Health WIC	521-4575

BREAST PUMPS & SUPPLIES**WIC**

for clients

Sonoma County WIC	565-6590
Alliance Medical Center WIC	431-0831
Sonoma County Indian Health WIC	521-4575

Hospitals & Birthing Centers*Open to the community*

Petaluma Valley Hospital	778-2827
Santa Rosa Birth Center	539-1544
Santa Rosa Memorial Hospital	525-5212
Thrive Center for Birth & Family Wellness	387-2088
Kaiser Permanente Members	393-4033

Thanks to the Affordable Care Act, today's insurance plans include lactation support and/or pump reimbursement. Call your insurance company for details.